



*UNITING PASSION, UNITING  
COMMUNITIES, UNITING  
COMPETITION*

*UNIENDO PASION, UNIENDO  
COMUNIDADES, UNIENDO  
COMPETENCIA*

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SUMMER LEAGUE RULES AND POLICIES

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## I. PURPOSE

THE PURPOSE OF THIS MANUAL IS TO PROVIDE AN OPERATIONS REFERENCE GUIDE FOR THE WENATCHEE VALLEY UNITED SOCCER CLUB (UNITED) PARTICIPANTS IN THE SUMMER LEAGUE. THIS MANUAL IS A LIVE DOCUMENT DESIGNED TO BE CHANGED AS FREQUENTLY AS IS NECESSARY TO ACCURATELY PROVIDE RULES AND GUIDELINES FOR THE UNITED SUMMER LEAGUE.

## II. Behavior & sportsmanship of United SC members

UNITED members, for purposes of this document, refers to all coaches, players, and parents. All club members must conduct themselves in a way that properly represents the club and honors the game.

Violations of the codes of conduct will be dealt with by the club's executive board. The board will use progressive discipline where possible, but will have the available actions ranging from verbal counseling to termination of club membership. We ask that everyone strive to keep UNITED a positive family atmosphere.

## CODIGO DE CONDUCTA DEL ENTRENADOR

Este condigo de conducta se desarrolló para aclarar y distinguir lo que es un comportamiento ético y moral cual es sumamente importante para el desarrollo de futbol en nuestro club. (El termino TECNICO incluirá, pero no se limita al técnico principal, asistente, o manejador/entrenador, y/o representativo del equipo.)

1. Como técnico, yo he leído las reglas de UNITED y las de FIFA y estoy de acuerdo en seguir las y de instruir mis jugadores de acuerdo a esas reglas.
2. Me presentare a toda junta y o funciones de UNITED o mandare un representante del equipo.
3. Acordare no dejar el partido o sesión de entrenamiento hasta que los papas u otro adulto autorizado haiga recogido todos los jugadores.
4. Acuerdo fijar buen ejemplo, conducirme de una manera respetosa y cortes y de proveer un ambiente positivo para todos los jugadores y de siempre tratar con respeto a todo aquel asociado con el juego.
5. Pondré énfasis de ganar con gracias y de perder con dignidad. Acordare de o perder mi composición o reaccionar de una manera exagerada a los eventos del partido.
6. Como técnico principal tendré siempre un kit de primeros auxilios, la exención de responsabilidad, y autorización de trato medico a la mano en caso de emergencia.
7. Aclarare cualquier que tendré con el árbitro o con el técnico opuesto antes de cada partido para evitar todo mal entendimiento durante el partido.
8. Acuerdo no faltar respeto al mis jugadores, jugadores opuestos, árbitros, mesa directiva, o papas. Entiendo que ese tipo de comportamiento no será tolerado y podrá resultar en suspensión.
9. Técnicos son responsables del comportamiento de sus jugadores en el campo. El mal comportamiento tal como, (ejemplo: intento de lesionar jugadores), apoyando malas tácticas o comportamiento (palabras ofensivas, insultos, o palabras abusivas o gestos), substituciones ilegales, provocando pleito, o de intencionalmente fingiendo lesión se considera mala ética.
10. Ni yo ni mis jugadores o mis espectadores tratara el arbitro de una manera inapropiada. Si tengo causa me quejare con el presidente de la organización.
11. Técnicos son responsables del comportamiento de los jugadores y espectadores en el campo de juego. Es sumamente importante que se explique el comportamiento aceptable del jugador, padres, y o espectador antes del comienzo de la temporada. Abuso físico o verbal no será aceptable y podrá resultar en suspensión.
12. El técnico será disciplinado si se le acerca al árbitro para reclamar o si pisa dentro del campo de juego sin permiso del árbitro y tendrá que irse del campo de juego.
13. No usare drogas, alcohol, o tabaco durante cualquier evento relacionado con el futbol. Y si, veo padres o espectadores abusando de este requisito tendrá que pedir que no lo hagan y reportarlo al presidente de UNITED.
14. Reclutar:
  - No se permite reclutar o jalar jugadores que ya están registrados con otro equipo.
  - Técnicos tienen una obligación derecha de aguantar de hacer comentarios derogatorios hacia otros técnicos, equipos, y organizaciones cuando comparando a nuestra organización.
  - Es falta de ética que un técnico o representante del equipo le de compensación a un jugador. Es falta de ética si el técnico hace promesas que no podría cumplir cuando reclutando.

Por este medio declare que estoy de acuerdo en cumplir con este código de conducta de entrenadores y estoy de acuerdo en proveer cualquier información personal necesaria para la ejecución del reviso de historia criminal. Entiendo que violación de estas reglas podría resultar en que me despidan como entrenador pero será la discreción de la mesa directiva de UNITED y posiblemente hasta suspensiones adicionales por parte de US CLUB.

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FIRMA DEL ENTRENADOR

EQUIPO

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FECHA

## COACH CODE OF CONDUCT

This Code of Conduct has been developed to clarify and distinguish between that which is accepted as professional, ethical and moral behavior from that which is detrimental to the development of soccer in our programs. (The term "Coach" shall include, but is not limited to Head Coach, Assistant Coach (s), Manager/Trainer and/or Team Representative.)

1. As a coach, I have read the rules and regulations of UNITED and FIFA and agree to follow and instruct my players according to these rules.
2. I will attend all coaches meetings and/or functions of UNITED or I will send a team representative.
3. I agree not to leave practices or games until a parent, guardian, or other authorized adult has picked up all players.
4. I agree to set a good example, and conduct myself respectfully and courteously and will provide a fun learning environment for the players and always treat everyone associated with the game with respect.
5. I will emphasize winning with grace and losing with dignity. I agree to control my temper and not over react to the events of the game.
6. As a coach, I will have on hand a first aid kit, the UNITED medical release and liability waiver readily available in case of an emergency.
7. I will discuss/clarify any questions that I may have with the referee and opposing coach before the game, to prevent any misunderstandings during the game.
8. I agree not to act in a disrespectful manner toward my players, opposing players, referees, board of directors, or parents. I understand that this inappropriate behavior will not be tolerated and is cause for suspension.
9. Coaches are responsible for their players' actions on the field. Unsporting tactics (i.e. the intent to injure players), unsporting behavior (offensive, insulting, or abusive language or gestures), illegal substitutions, taunting, and deliberate faking of injuries are considered unethical.
10. Neither I nor my players and spectators will address a referee before, during or after the game in a demeaning fashion. If I disagree with a referee's call/situation, I will inform the leagues President.
11. Coaches are responsible for the conduct of their players and the spectators on their side of the field, specifically as it relates to the referee, coaches, players and spectators on the other team. It is imperative to explain acceptable player and parent behavior in a preseason meeting. Verbal and/or physical abuse will NOT be tolerated and is cause for suspension.
12. If a coach approaches a referee or steps on to the field to challenge a call he/she will be asked to leave the game and the incident will be reviewed.
13. I will refrain from the use of tobacco, alcohol or drugs during any related soccer events, and if there is a child's parent who is abusing this policy I will ask the parent to refrain at such events or I will contact the clubs' President.
14. RECRUITING:
  - It is unethical to recruit players while they are registered on another team.
  - Coaches have an ethical obligation to be forthright and refrain from making derogatory remarks regarding other coaches, teams, and organizations when discussing the advantages of their organization
  - It is unethical for a coach or team rep to provide compensation or inducement to a player. It is unethical for any coach to make promises they cannot keep when recruiting players.

I agree to abide by this Coaches Code of Conduct and agree to provide any personal information as deemed necessary to UNITED to perform background checks. Violation of these rules may lead to your dismissal as a coach at the discretion of the UNITED Executive board and additional suspensions from US CLUB.

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Coach Signature

Team Name

Date

# PARENTS CODE OF CONDUCT

This Code of Conduct has been developed to clarify and distinguish between that which is accepted as professional, ethical and moral behavior from that which is detrimental to the development of soccer in our programs.

1. I agree not to criticize the players, coaches or referees in front of other spectators and if I have a question or complaint I will either address the coach or UNITED board depending on what is appropriate.
2. I understand and accept decisions of the game officials (including referees and coaches) on the field as being fair and called to the best ability of those officials.
3. I agree not criticize an opposing team, its players, coaches, or fans by word or gesture.
4. I agree to hold my child responsible for his/her sportsmanship and agree to never encourage unsportsmanlike conduct.
5. I will refrain from using physical or verbal abuse or profane language at any UNITED game, practice or meeting.
6. I will not do or say anything that will discredit, undermine, or bring a negative reputation to the team or UNITED Club.
7. I agree not be in possession of and/or drinking alcoholic beverages or using any illegal substances during any soccer activity. By school district policy, smoking is not permitted in any activity around children.
8. I agree that my responsibility as a parent is to encourage and be constructive to my child, coach, team and club.
9. I will not attempt to coach my child or other players on the team during a practice or game unless given permission by the coach. This includes yelling out or giving technical coaching or advice while spectating on the sidelines.
10. I agree to read and understand the Parent **and** Player Code of Conduct and I will hold my child responsible for their actions according to what is written.

**By signing this Code of Conduct, you also agree that if you fail to abide by the aforementioned rules and guidelines, you will be subjected to disciplinary action that could include, but is not limited to the following:**

- **Verbal warning by official, head coach, and/or league organization.**
- **Player game suspension with written documentation of incident kept on file.**
- **Game forfeit through the official or coach**
- **Player season suspension**
- **Disciplinary action will be at the discretion of the UNITED Executive Board**

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

# Player Code of Conduct

This Code of Conduct has been developed to clarify and distinguish between that which is accepted as professional, ethical and moral behavior from that which is detrimental to the development of soccer in our programs. All players are expected to conduct themselves using the following guidelines.

1. I agree to abide by the rules of the game and play the game with the upmost sportsmanship regardless of how the opposing team is playing.
2. I agree to set a good example and be a good ambassador of the UNITED Club, and conduct myself respectfully and courteously with all players, coaches, referees, and fans, regardless of their actions.
3. I agree not to act in a disrespectful manner toward my coach, opposing players, referees, or parents before, during, and after a practice or game.
4. I agree not to yell, taunt, use racial or ethnic slurs, and fight during or after a game. I understand that the use of this behavior is cause for suspension.
5. I agree not to whine or complain to, or criticize a referee during or after a game.
6. I agree to hold my temper and control my anger, and not over-react to comments from spectators or other players.
7. I will not use profanity or vulgar language during practices, games or anytime I may represent UNITED Club soccer.
8. I will listen to my coach and work to improve my playing ability, and also help my teammates become better players.
9. I understand that we will win as a team or loose as a team, and I will not put blame on any one player but encourage them and be a positive team player.
10. I will do my best to attend all practices and games and if I am not able to attend a game or practice I will contact my Coach.
11. I understand that I must win or lose with grace and dignity and that I, my team and my club will be judged by my behavior.
12. I agree to show up to my practices on time and to my games at least 20 minutes early ( or as directed by my coach) and understand that if I am late I may not play as much as I would if I were on-time.

By signing this Code of Conduct, you also agree that if you fail to abide by the aforementioned rules and guidelines, you will be subjected to disciplinary action that could include, but is not limited to the following:

- Verbal warning by official, head coach, and/or league organization.
- Player game suspension with written documentation of incident kept on file.
- Game forfeit through the official or coach
- Player season suspension
- Disciplinary action will be at the discretion of the UNITED Executive Board

I acknowledge reading the information provided and (where applicable) agree to the published waiver.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Player Signature

\_\_\_\_\_  
Date

#### A. CRIMINAL HISTORIES ON VOLUNTEER COACHES

Bi-Annual background checks will be conducted on every coach and volunteer staff member. Passing a background check is a requirement for all UNITED volunteers, no exception.

#### B. STAFF REGISTRATION

- US club requires each staff member to take an online sideline safety course and an online SafeSport training course.
- Our club pays for your staff card, sideline safety course, and background check. Each coach or team volunteer must contact our club Director of Operations to be issued pre-paid codes to do the courses and background check.
- A player or staff is neither officially registered with US Club soccer nor covered by insurance until issued a current passcard.

### III. ADMINISTRATION

#### A. PRIVACY AND IDENTITY THEFT PROTECTION

UNITED collects and stores personal and financial information on parents and players for official purposes. It is critical that the club act to prevent the unauthorized disclosure of this information.

All registration information will be digitally stored in a secure location by the appointed registrar. UNITED will not sell email databases or other contact information.

#### B. CANCELLATION POLICY

Once a member has registered with the club if they chose to leave the club, the registration fee will not be refundable.

#### C. SCHOLARSHIP POLICY

We currently do not offer scholarships for the Summer Rec program.

### IV. FUNDRAISING & SPONSORS

#### A. FUNDRAISERS AND SPECIAL EVENT POLICIES

Fundraisers can be done by each UNITED team. Team fundraisers are to be organized and implemented by each individual team and the club is not responsible for providing individual teams with their fundraisers.

Each team is encouraged to obtain sponsors to help pay their team fees.

# UNITED SOCCER SUMMER LEAGUE PROGRAM RULES & POLICIES

## A. PROGRAM OVERVIEW

- UNITED strives to make soccer training and playing more accessible to local area youth. The Summer league program has been established to provide local area competition to youth soccer players through the Summer season.

## B. PROGRAM REALITIES

While UNITED is committed 100% to the cause all members must recognize that volunteer coaches and staff have limitations regarding skill set. UNITED is dedicated to providing the tools and education necessary for new coaches and staff to grow their skill set and continue to improve.

## C. TRAVEL POLICY

United expects that every United member will adhere to their respective code of conduct. Coaches and staff members are expected to represent our community well when participating in league and tournaments.

- Players are encouraged to practice the "buddy system" when traveling to help ensure their safety.
- Coaches are encouraged to remind players and parents to travel safely and arrive early to games. When traveling it is important to build in extra time to allow for traffic and other unforeseen possibilities.
- Curfews are recommended for overnight travelling to ensure safety and proper rest. When bunking with other players, it is expected that the upmost respect will be given to the parent in charge and to your roommates. It is not permitted under our policy for girls and boys to bunk in the same room together.
- Parents are responsible for making travel arrangements for their child if they want their child to ride with someone else. Coaches are not responsible for making travel arrangements.
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## D. SEXUAL & RACIAL HARRASSMENT POLICY

- It is the policy of United SC that all parents, players, and volunteers are responsible for ensuring that the club is free from Sexual & Racial Harassment. We strongly disapprove of offensive or inappropriate sexual behavior & racial harassment of any kind and ask that all our volunteers avoid any action or conduct which could be viewed as sexual harassment or racist harassment.
- Any complaint about an incident that could be viewed as Racial or sexual harassment, will be investigated by the United Board and if the investigation supports the charges, disciplinary action will take place immediately by immediate termination of the role of UNITED volunteer. The safety and wellbeing of our Club Families is essential to the longstanding good conduct of its members.

## E. WEATHER CONDITION GUIDELINES

- We ask that all teams take into account weather conditions when planning practices and games. Safety should always be the priority. Two weather conditions that represent a mandatory cancellation are lightening and hazardous air quality.
- We live in an area that can get Smokey certain times of the year due to fires. Please make sure to check the air quality on the EPA website if you are unsure if it is too Smokey outside to play. When smoky air – limit activity when AQI is between 100 – 149 and no outdoor activity when the AQI is above 150.
- Heat is another factor that effects the safety of young athletes. If the HI is 100 or more (this is a combination of relative humidity and ambient temperature that makes the actual temperature feel different than what the thermometer says) do not train in direct sunlight. Hydration, cool wash cloths, and frequent water breaks are a must. Sensitivity to the physical demands being put on the player need to be taken into account. Shorter training sessions and/or walk thru, low intensity, set piece or shadow play work is recommended.
- In cold weather, If the temperature is equal to or below 25 degrees F at the start time of an activity for games or tournament play, these guidelines offer steps to protect athletes from exposure to extreme cold temperatures: <https://www.nfhs.org/articles/guidelines-for-competition-in-the-cold/> The Wind Chill Temperature index (WCT) can also be a factor and should be handled similarly. If there is any question regarding weather conditions at games, the Head referee (with consultation between both coaches) has the discretion to make the final decision to play or not.

## F. TEAM NAMES AND UNIFORM POLICY

- Each team that participates in the Summer league may wear their own uniforms or a UNITED uniform.
- All uniforms worn during league play must have player numbers on the back.

## G. TEAM FORM COMPLIANCE

Each team coordinator must ensure that each player on their team has provided these things and completed and signed the following forms:

1. US Club Youth Soccer Registration form
  2. PSPL Concussion form
  3. United Waiver Form
  4. Player code of conduct
  5. Parents code of conduct
  6. Photo copy of player's birth certificate
  7. Head shot photo of each player
- **Each team is also required to submit a Team Registration form.**

All of these forms are located on our website. A copy of each of these things must be submitted to the club prior to each player /Team being registered.

**If a player is already registered with UNITED these forms will already be on file and that player is not required to submit them to the club again.**

Rosters will be issued to each team participating in the Summer League but no player cards will be issued.

## H. ROSTER SIZE

Roster sizes will be limited to 14 players for all age groups.

No player will be permitted to play unless they have submitted all necessary paperwork and are listed on a team roster.

## I. COACHING

COACHING DURING THE GAME:

Coaching during games is a matter of individual style. However, some coaching issues are not flexible:

- Coaching will occur from center line to top of penalty box
- Coaches will not enter field unless approved by ref
- Coaches will keep all referee and fellow coach contact at a very high level of professionalism.
- Coaches will not allow any person that is not on their roster in their bench area.

## J. GAME DAY PROCEDURES

The playing field used by each team will be lined by UNITED and goals will be available for teams to pull out and place on the field prior to the game. Home teams are responsible for setting up the field of play and providing an adequate game ball.

Games for all ages will be played on a Modified field size of 40x60 with a 7v7 format. Goals will be 6'x18'. Game duration will consist of two 30 minute halves and a five minute half time.

Teams may substitute players with the referee's permission at any stoppage. Player substitutions and re-entry are unlimited.

USSF Heading Mandate has been adopted by UNITED and applies to all players for 11U and under. Players may NOT engage in heading in either games or practices. Limited heading in practice for players in 12U and 13U min maximum per week.

Referees are instructed for all 11U and under games to apply the following rule: When a player **deliberately** heads the ball in a game, an indirect free kick (IFK) should be awarded to the opposing team from the spot of the offense. If the **deliberate** header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred.

## No Re-Entry Protocol (for Head Injury)

In accordance with the US Soccer return to play guidelines, any player removed from the field for a suspected head injury will not be allowed to return to the field of play unless cleared by a Healthcare Professional.

## K. SOCCER GOALS AND EQUIPMENT

Club equipment that is used by multiple teams is the responsibility of all our team families. If you are the last team practicing/playing on a particular field it is YOUR team's responsibility to put the goals away and lock them. Each coach will be given codes to lock and unlock the goals.

Please remember to respect our club's equipment. If someone is seen mistreating the goals or other equipment, please take the initiative to ask them to stop. We ask that you please let us know if there is an on-going problem with mistreatment of club equipment.

## L. SCHEDULING GAMES AND SCHEDULING REFEREES

UNITED will provide each team with a game schedule. UNITED will schedule referees and fields for all games. Field lining will be done by UNITED.

The scheduler will do their best to honor schedule requests. Schedule requests must be submitted prior to the schedule being finalized and published. Schedules will be posted on the club website for easy access.

Teams unwilling or unable to attend a scheduled game will forfeit that game. Forfeited games will result in a 1-0 loss.

## M. REGISTRATION & PARTICIPATION RULES

Players, coaches, and managers shall be registered according to US club rules.

Players can play-up to an older age division or play at their age. Players are not permitted to play-down to a younger age division.

Any player that is not listed on a team's roster is considered an illegal player. If a player is found illegally playing on a team they are not rostered on the UNITED board has the right to revoke their participation within UNITED and remove them from any rosters they are listed on.

"player passing" or "player sharing" is not permitted. Players are only allowed to play on the team they are rostered on.

Players must play in their own sex.

On game days, coaches must present a game day roster to the referee at check in.

#### N. DISCIPLINARY REGULATIONS

The UNITED Disciplinary Committee and the UNITED board shall have the authority to suspend, fine, disqualify or otherwise impose sanctions on, players, team officials, and staff members that do not follow league or club rules, the UNITED Ethics policy or for any action or conduct not in the best interest of soccer or UNITED SC. Any breach of Rules, Ethics or allegations of individual or team misconduct should be reported to the UNITED Director of Operations or Director of Coaching. Allegations will be investigated in a timely manner.

The UNITED Disciplinary Committee or board will determine the length of the suspension from the severity of the infraction. If a player or staff member is suspended for any reason the suspension will be immediate.

If allegations do arise the individual accused of said actions has the right to meet with the UNITED board or Disciplinary committee to discuss the allegations prior to a disciplinary decision being made. The meeting date will be set by the board or Disciplinary committee and if the accused does not show up the decision making process will move forward immediately.

#### O. GAME SUSPENSION PROCEDURES

Any player that has received an infraction during a game (Red Card ) will be suspended from play immediately.

If a red card is given, the player or coach is suspended from (at minimum) the next game either the coach or player is involved with regardless or not if the offender receives notification from UNITED of the suspension

Coaches' expulsions are an automatic 2-week suspension with the UNITED Disciplinary committee review that could bring additional suspensions.

